Give everything to this life, because if there is another we have yet to see it. Give everything to this life for your reserves will not serve you past your dying breath. Change while you are in this world of change, for even the most pleasant of other worlds we have been promised after this one are all fossilized and stale. Change this world, change the people and yourself. Breathe the air of this world and do not stop until you cannot draw breath. Smile. Scream. Do not die with anything in reserve.

Death comes sudden to some and slow to others and you never really know which way it'll go for you until it's too late, so be ready. Remember that you are a thing your body is doing, so take care of your body as best as you're able, so it can do a good job of being you. Remember that what happens after is largely a function of the stories you leave behind, so take risks now and then. Get banged up. Get your heart broken. Maybe crack a bone or two. Overinvest in people. Some of them will fuck you over but the ones who don't will likely outnumber them and come to your aid when you're down and out, and even if that's not the case screw the bean counting and overinvest anyway. Because you can't take anything with you and you can't bequeath your emotional reserves to your children anyway. Love catastrophically. Cook big meals. Sing loud. Make bad art and write bad fiction. Make terrible jokes, and laugh your stupid heart to death.

Live while you're alive.



