

A decorative border with intricate floral and scrollwork patterns, framing the text on both pages.

Your heart holds all the oceans
Your friends and your enemies
Out to every strange horizon
You see beauty in everything

I know you feel bruised and battered
But you'll never be dead inside
You're everything that you've dreamed up
Your stories are how you will survive

And you're breathing
If you're breathing you're not dead yet
Hold that thought in the darkness
The only answer to fear and regret

Your heart holds all the mountains
Every triumph and tragedy
The smells and the sounds of Creation
You see beauty in everything

You don't need a god or savior
You're all the hero you'll ever need
Dig into your roots and find it
The eternal strength of your family

And you're breathing
If you're breathing you can still fight
Hold that thought in the darkness
The only way to make things right

Your heart holds all the cities
The rust and the concrete underneath
The people on every corner
You see beauty in everything

I know it's not always sunshine
The world will always break your heart
You know what you have to do here
Take the shit and turn it into art

And you're breathing
If you're breathing you are not done
Hold that thought in the darkness
A candle you light for everyone

Your heart holds all the night sky
Every star and planet you can see
All the things that could be out there
You see beauty in everything